

## From the desk of Founder-President-Smt.S.G.Susheelamma



Dear well-wishers and fellow-travellers,  
Greetings from Sumangali Seva Ashrama!

Sumangali Seva Ashram (SSA) works for the empowerment of under privileged, vulnerable and needy sections of the society particularly Children, Women and Youth. Our approach is to address the health, education, environment, economic, cultural issues of the society. SSA aims to facilitate for the self-sufficiency and overall development of all irrespective of caste, creed and gender. SSA works in diversified activities like awareness creation, capacity building, skill development, sustainable livelihoods, rural & community and slum development. It also provides relief to victims of atrocities, harassment and natural calamities like drought & floods. SSA provides free food, shelter, health, education, trainings, housing to the needy. Our organisation is Registered under the Karnataka societies registration act 1960 with its registration no.212 dated 16.10.1975.

We focus on urban slums and remote rural areas, where vulnerability is more. We have service minded staff members, dedicated volunteers and expertise resource persons to take up multifarious activities for the benefit of community. We also involve Community Leaders, PRIs and concerned Government Officials in our programs in order to establish transparency in compliance with the principles of "Good Governance" and thus set itself apart with its set norms of sustainability, scalability, accountability, credibility and effective leadership.

Donations to SSA are eligible for 50% tax exemption u/s 80G of I.T.Act 1961. By making donations to SSA strengthen its activities like services to the destitute women, old age & poor children, skill development trainings & sustainable livelihoods, youth development, rag-picker's children, education and health camps in rural areas. They will be provided with appropriate support related to resources and capacity building and facilitated to participate actively in the process of the empowerment of women.

**Jai Hind, Jai Karnataka**

## 2.SHELTER

### a. Premananda Makkala Kuteera

There are 107 children in the hostel for the year 2011-12. They are orphans, semi-orphans, having single parent, chronic parents and broken families. SSA has provided them food, cloth, shelter, education, health service, sports and recreation. The children are now in tune to the Ashrama environment. They are normal and intelligent children. The staffs who look after the children are one Supervisor, two wardens, three cooks and two helpers.

The elder children guide and help the younger one in all their routine work along with the wardens. The class wise total strength of the hostel is as follows:-

Class	1	11	111	1V	V	V1	V11	V111	1X	X
No. of children	07	15	16	07	13	10	12	14	11	10



The children are provided with breakfast, lunch and dinner with greens, pulses, cereals, vegetables, milk, fruits and sweets. They also enjoy different kinds of snacks, chats and ice creams in between. Occasionally, they are getting special meals which are sponsored by the donors. New children who are weak will be taken special care. Every morning and evening nutrition powder is given as drink to get stamina.

The children have undergone medical check up twice in a year from P.H.C, Cholanayakanahalli. Adolescent awareness is given to elder girls regarding personal hygiene by ANM Miss. Shwetha and link workers. In case any serious or emergency health condition, we take them to nearby clinic and Ganesh Nursing Home for treatment. They also underwent eye and dental check up by M.S.Ramaiah and Victoria hospitals.

Our children had given band set programmes at different temples, schools, local festivals and national festivals. They had participated in bhajans at different temples and protests against anti-social elements like consumption of alcohol, illiteracy and cow slaughter.

Our children went to one day study tour to Kotilingeshwara, Bangara Tirupathi, Mulabagilu and Kailasagiri. They enjoyed a lot visiting our historical places. They saw old caves, temples, hill and zoological parks. The teachers explained the glory of our history.





The details of the children who have participated in co-curricular activities are as follows:-

Sl.No	Name/No of children	Conducted by	Particulars	Grade/Prize/ gifts
1.	Six children	Prof.Nanjunda Rao Memorial Trust	Vidyarthna Scholarship	Cash
2.	Six children	Prof.Nanjunda Rao Memorial Trust	Vidyaprathibha Scholarship	Cash
3.	Twenty eight children	Basavananda Higher Primary School & Sumangali Girls High School	Cultural activities	-
4.	All children	Women Commission Conference	Women issues	-
5.	Twenty eight children	Cibre Holding Company	Sports	Prizes
6.	All childrenTen	Ganesha Temple, Malleshwaram	Donation of stationary	-
7.	Sixty eight children	Sandhya Jaya's Drama		-
8.	All children	CRISP Orgn	Father's Day	-
9.	Fifty children	Sai Baba Temple, Kumaraswamy Layout	Band set programme on Guru Poornima	-
10.	All children	Karnataka Legal aid Programme	Protect Girl Child	-
11.	All children	Hostel Annual Day & Parents meeting	Cultural activities	-

### **b. Sowharda-Short stay home**

In recognition of the diversity of women's situations and in acknowledge of the needs of specially disadvantaged groups, we are provide them with special assistance. These groups include women in extreme poverty, destitute women, women in conflict situations, women affected by natural calamities, women in less developed regions, the disables widows, elderly women, single women in difficult circumstances, women heading households, those replaced from employment, migrants, women who are victims of marital violence and deserted women etc. They are coming to Ashrama seeking shelter, help, counseling and other relief.



Our inmates have come from different atrocities faced in their life who are deserted, broken family, divorced and cheated by the beloved ones have taken shelter in Sowharda short stay home. They are given food, shelter, clothing, education, training and recreation. Presently there are 30 such women. They will be counseled before admitting them. We provide them shelter till their families settle down. Their problems will be solved through counseling. Finally, we send them to their home. They go outings twice in a year.

### **c.Punyakoti Vanaprastashrama- Old age home**

The Aged were deprived of many choices. The Aged last the traditional leadership and respect. The changed Social scenario and attitude of Younger Generations created many problems to the Aged. The sons and relatives of the Aged are Neglecting and Humiliating. Some of the Aged People are starving and begging in the Streets, Bus-Stands, Railway Stations, Market Places, etc., therefore, interventions needed for the Aged to lead a happy and dignified life till their last breath. Their Wisdom and Capabilities should not be waste and unproductive. They should provided with Psychological and Emotional support.





Many Old People are Widows and Widowers. Most of this group are poor & underprivileged and face many problems for their survival. Economic Flight and Inflation has increased the difficulties of Older Persons as large number families do not have means of the Physical needs.

The family system and Social values have been under going significant change which is not favorable to the Aged. Ironic as may it sound, longevity is a blessing but age is curse. While Scientist and Doctors consistently try to prolong life, societies shun these very being to whom the modern medicine helps live longer. Throughout the country the elderly persons are ignored, not given their rights, abused and even abandoned or killed. Often, their special needs are overlooked.

Right now there are 15 old age women in our Punyakoti Vanprastashrama. They are getting basic welfare needs like food, shelter, health, yoga, recreation and picnics.

### 3. EDUCATION

#### a. Creche

With increased opportunities for employment for women and the need to supplement household income more and more women are entering the job market. With the breaking up of joint family system and the increased phenomenon of nuclear families, working women need support for care of their young children while they are at work. There is an urgent need for improved quality and reach of child day care services for working women among all socio-economic groups in both in the organized and unorganized sectors. Many women in our working areas are working in domestic work, Construction work, market yards, nursing homes & hospitals, etc. They have no time, energy and money to take care of their young ones.



That is why Sumangali Seva Ashrama initiated this crèche centre program and now running 1 crèche centre. In the centre about 22 children of the both gender in the age group of 1-5 years are being provided care & protection. These centres equipped with First Aid Kit, safe & protected drinking water, etc. We have been providing basic education, recreation through play, songs, story telling, etc. Regular health checkups are also be provided.

## b. Basavananda Higher Primary school

Our school provides an integrated learning environment that develops Independent Thinking and promotes Self-discipline, a secure and open atmosphere that supports diversity, and welcomes inquiry. It also believes in developing positive character traits and will power in students throughout their lives, fostering each individual's personal development.

The school educators are a committed staff, who promote self-confidence, integrity, perseverance, responsibility, self-respect and inter-personal skills. The institution addresses thereby an activity of community membership offering effective communication, co-operation and a comprehensive guidance support services.



We emphasize practical aspect of teaching. Our open-door policy ensures continuous communication between parents and teachers. Our teachers are 'friends' and 'mentors' to students. Our casual atmosphere encourage friendly interaction between students and teachers. We provide learning according to the developmental needs of the child so that the child is stimulated by the challenge it offers.

The objectives of the school is to facilitate a smooth and seamless continuation of education process, provide the experience of excellent learning environment for the children and make the learning process a positive and gratifying experience that promotes well rounded development in students.

The total strength of the school for the year 2011-12 is 264. Along with the academics the children also encouraged to participate in the co curricular activities like meditation, bhajans, devotional and patriotic songs, sports, talent exams, computer training, tour and essay writing.

The President of Sumangali Seva Ashrama Smt.S.G.Susheelamma and our administrator Smt.B.Rama Mane donated note books and uniforms to the children.



Sri. B.T.Muniyappa presided the function. Smt.S.G.Susheelamma-President, Sumangali seva ashrama, and our Administrator-Smt.B.Rama Mane, spoke about the greatness of our national leaders and patriotism towards our nation. BBMP counsellor Sri.Jayappa Reddy, Sri.Ashwath Reddy, Sri.Srinivas Rao, Lion Sri.Ashok and Lion Sri.Tukaram attended the program.

The top marks scorers in 7<sup>th</sup> standard have received scholarships on Children's Day given by our administrator Smt.B.Rama Maney, Sri.Ravi Talwar, Smt.Usha.N.Rao, Dr.C.Modi and Sri.K.C.Shivappa.Sri.B.T.Muniyappa and Smt.Geetha have donated white uniforms and shoes to 50 children. The children are getting midday meals through AKSHARA DASOHA from Karnataka Govt. since 2005. This is helping them to get supplementary food. Mr.C.Mohan Rao, Manager, State Bank Of India, Cholanagar donated prizes to the winners in different sports and five fans to the school on the occasion of Republic Day.



Shri.Ravishankar and Smt.Kusuma Ravishankar had given scholarships to our students from Prof.M.S.Nanjunda Rao Memorial Trust. The recipients are Bhuvaneshwari, Shashikala.B, Kavya, Chandini, Megha.K.S, Bindushree, Anusha, Arathi Sharma and Jyothi.R.T. Sri.Gani Swamiji arranged a magic show by famous magician S.P.Nagendra Prasad for the children. They enjoyed a lot watching the same. The school had organized an excursion to the historical place Shivagange, Siddagange, Devarayanadurga and Goravanahalli. Our school has reached 100% result for the year 2011-12.

### c.Sumangali Seva Ashrama- Girls High School

The female education is highly necessary for the society. Gender inequality in education is extreme. Girls are less likely to access school, to remain in school or to achieve in education. Education helps men and women claim their rights and realize their potential in the economic, political and social arenas. It is also the single most powerful way to lift people out of poverty. Education plays a particularly important role as a foundation for girls' development towards adult life.



There are 72 students for the year 2011-12. This includes both hostel and local girls. Sumangali Seva Ashrama donated note books and uniforms to all the students on 1<sup>st</sup> June 2007.

On the occasion of the birthday of our beloved administrator Smt. B. Rama Mane, meals and sweets were distributed to all children. English dictionaries too were provided.

A bridge course was conducted for 8<sup>th</sup> and 9<sup>th</sup> students. State Bank Of India has donated 6 fans to the school on 13<sup>th</sup> August 2011. On the occasion of Independence Day Sri Ganeshappa



planted 25 coconut trees in the school premises. Sri. B.T.Muniyappa presided the function. Smt.S.G.Susheelamma-President, Sumangali seva ashrama, and our Administrator-Smt.B.Rama Mane, spoke about the greatness of our national leaders and patriotism towards our nation. BBMP counsellor Sri.Jayappa Reddy, Sri.Ashwath Reddy, Sri.Srinivas Rao, Lion Sri.Ashok and Lion Sri.Tukaram attended the program.



We have conducted sports for the students on the occasion of Independence. The winners and the events are Bindu, Arathi Sharma, Mamatha in running race, Veena.S, Asha, and Urmila in ball in the basket, Ashwini, Varalkshmi and Ganga in Musical cjar, Asha.K in Shot putand Varalakshmi in long jump.

Students scholarships were given by prof Nanjand Rao trust for this year. The recipients are Lavanya, Preethi.B, Shilpa, Jyothi,Mamatha.M and Lavanya.S for Vidyarathna scholarships and Veena.S, Asha.K, Ganga.R, Usha Rani.R, Shanavaz and Deepu.M for Vidya Prathiba Scholarships. The students Asha.K and Vara Lakshmi have been selected as State sports persons under the athletics category. The winners were awarded prizes by our administrator Smt.B.Rama Maney.

On National reconciliation day Amma was awarded the Bharth Seva Samrat Award by the teachers association. The students participated in the cluster level of Prathiba Karanji(Talent fountain) are Ashwini.G in essay writing, M.G.Tejaswini and N.Tejaswini, R.T.Jyothi and, Bindushree in debate, M.Tejaswini in fancy dresse bagged the prizes on 23<sup>rd</sup> November 2011.

They presented a dance, a drama, fancy dress and speech about Nehru. Sri.B.T.Muniyappa also awarded a scholarship of Rs.5000/- for the toppers of 10<sup>th</sup> class for the year 2011-12.



S.No	Name	Result	A/M
1)	Mamatha.M	79%	1000
2)	Deepu.M	74%	900
3)	70%		800
4)	Saundarya	66%	700
5)	Lavanya.S	65%	600
6)	SKumari	63%	500
7)	Shanwaz	62%	500

The students were taken out on an educational tour to Kaiwar, kailasha giri, Chikka Tirupathi and Mulabagilu. our students participated in the National Youth Day program conducted by Sharada Matt and won the 1<sup>st</sup> place for Band Set on 12<sup>th</sup> Jan 2012.



#### d.Kanmani Kinder Garten-Adoption International

The objectives of the Kinder Garten is to Providing them with immunisation and nutrition. Ensuring that they have a chance to join formal school.Exposing and preventing exploitative child labour practices and running prevention programs.

“Kanmani Kinder Garten” is working to improve the enrollment rate, reduce the drop out rate by increased retention of the children in the center, thereby leading to higher achievement levels and to fulfill the objective, Sumangali Seva Ashrama has determined to bring about a qualitative change in the learning and teaching methodology of alphabets, words, numbers and fundamentals in various subjects.



The Benefits of Kinder Garten towards children are group learning, mutual learning and self learning are promoted. Children's participation in every step is ensured in the process of learning. Evaluation is inbuilt in the system it is done without the child knowing it. Periodical absence of child from school is properly addressed.

Attractive cards and activity create interest among children. Scope for child's development in creative and communicative skills. Children will have a feel of security as they sit in rounds in the groups. Children are allowed to move in the classroom as they choose their activity. Moreover the distance between the teacher and the child is largely reduced and the teacher acts as a facilitator.



#### 4. INTEGRATED CHILD DEVELOPMENT SERVICES(ICDS)

Sumangali seva ashrama has been implementing the ICDS programme for the last 17 years successfully. This programme is run under the able guidance of Department of Women and Children, Government of Karnataka, UNICEF and Central Government.

To start with SSA was given 130 centres, now SSA runs 166 + 8 (Mini) centres with the help of dedicated workers. The programs are ably managed by Child Development Project Office. 1 CDPO, 5 supervisors, 4 office assistant, 174 anganwadi workers and 166 helpers.

The following programmes are done under this project:-

1. Supplementary Nutrition programme
2. Immunisation programmes
3. Udyogini and Asare scheme
4. Mothers meeting
5. Health and Nutrition camp
6. Health camps
7. Bhagyalakshmi scheme
8. Urban stree shakthi
9. Kishori shakthi
10. Domestic violence Act 2005



**Supplementary Nutrition Programme:** Women and children are brought under this programme, Pregnant women & Nursing mother-1961, children from 6 months to 6 years 9742, Anganwadi workers 162 Anganwadi Helpers 148, adolescent girls 348. This programme touches 12361 out of target 12478 beneficiaries per month

**Immunisation programme:** BCG were administered to 1831 beneficiaries, DPT to 1<sup>st</sup> dose 3407, 2<sup>nd</sup> dose 3589, 3<sup>rd</sup> dose 3547 beneficiaries, DPT booster-3367 Measles to 3524 beneficiaries, D.T. to 3173 beneficiaries. 1<sup>st</sup> dose 1657, 2<sup>nd</sup> dose 1817 Pregnant were immunized with T.T. Vaccination.

Udyogini scheme (loan for self employment): 66 women under udyogini (loan of from Rs.25,000-100,000) scheme have been benefitted from this programmes so far.

**Mother's meeting:** This meeting is held in all the 174 centres, the supervisors in charge of the circle conducts the meeting and CDPO reviews the meeting. The discussion are 1. Safe mother hood 2. Cleanliness 3. Aids 4. Breast feeding and its importance 5. Care of infants and children 5. Menopause 6. Nursing mothers and Pregnant women etc., good and healthy food habits.

**Health and Nutrition camps:** Health & Nutrition camp is conducted in all the anganwadi centres. The nutritive and consumption, its necessity in the growth of children and pregnant women by physically demonstrating this in the monthly camps (Green leafy vegetable, cereals, sprouts, fruits etc.), in the month of September special nutrition camps held in all the centres. In this camp low cost with high nutritive calorie recipes prepared by stree shakthi members and anganwadi workers, Exhibition and preparation of Nutrition food competition were held in all the circle and prizes were distributed.

**Health Camps:** Every Saturday in Domlur anganwadi centre health check up camp will be conducted in coordination with Shirdi Sai hospital. Health check up camps, Dental check up, Eye check up camps are conducted in co-ordination with Rotary , Lion`s club and NGO`s.



**Bhagya lakshmi scheme:** This scheme was introduced by the Government of Karnataka in the year 2006. Parents with 1,2or 3 girl child are eligible for this scheme. Where in a girl child gets Rs.10,000/- by way of a deposit and the girl child on attaining the majority the girl child approximately get Rs.40,000/- in addition to this she will get yearly scholarship and will also cover any health problem for both herself and her parents. The programme continued,.

The children born since august 2008 will get Rs.20,000 as deposit and get Rs.1,00,000 after attaining 18 years.

**Nagara stree shakthi:** Under this scheme we are running 362 groups in Bangalore slum. Each group has 15-20 members. This is a weekly savings scheme. Out of this amount loan is distributed to the members with the nominal interest. After 6 months from the date of formation, these groups will be linked to banks for loans.



**Cases against Domestic violence act 2005:** Under this Act cases against dowry harassment, physical and mental violation, Economic violence, sexual violence, verbal abuse, Property disputes etc., are referred to our office. Government has appointed an Protection Officer, and she visits the aggrieved person and lodges DIR report to the magistrate.

## 5.HEALTH

### a.Primary Health Center-Cholanayakanahalli

This health Centre was handed over by Bangalore Corporation in 2000 to our Ashrama. This is situated in Cholanayakanahalli, working for the wards No.21 & 22.coming under ward-96. It is providing health services to 80,000 people. The coverage area is Boopasandra, Chamundinagar Part-1, Chamundinagar Part-11, Guddadahalli, Hebbal, Cholanayakanahalli, V.Nagenahalli , Bhuvaneshwarinagar and Seethappa Layout.



**Population coverage**

Total Population covered: 80,000  
 Slum+Poor socio-economic status population:45000  
 Total No.of eligible couples:11,564  
 Total No.of house holds:24,321  
 Total No.of children less than five year:11,420  
 Total No.of children less than 1 year:1,454



The main services rendered at centre are antenatal Services, Immunization for Children, family Planning services, out Patient services, T.B. Patients, Eye checkup, Health of Anganwadi children, General Health checkup, School Health Checkup, Health awareness programme, Post Natal Service, Pulse Polio programme, Adolescent Health education, Sexually Transmitted Diseases/HIV/ Sexual Education, Free Scanning Services, Physiotherapy clinic by Acharya Institution and Out reach immunization.

**Services**

January 16<sup>th</sup> 2011- Free Out Reach programme, Seethappa Layout for 315 children.  
 22-2-2011-Free Health check up camp at Subrahmanya nagar for construction workers for 78 beneficiaries.  
 5-3-2011- Free Diabetic check up for 150 beneficiaries at Center.



13-4-2011-Free Chicken Goonya Awareness Camp at Chamundinagar for 105 beneficiaries.21-6-2011-Free Dental Health Check up Camp at Health Centre by M.S.Ramaih Dental College.16-6-2011-Free Personal Hygiene camp for 74 High School girls at Sumangali Seva Ashrama.6-6-2011-Free Gynaec Camp at Hesaraghatta for 214 women.29-7-2011- Well Baby Show at Health Centre in association with Acharya College of Nursing for 32 babies.



8-7-2011-Free Cardiac Camp in association with Narayana Hridayalaya for 46 patients.

27-7-2011-Environment awareness at Chamundinagar for 219 beneficiaries.

9-8-2011-School Health Check up for Guddadahalli Primary School for 107 children.

4-8-2011- Hebbala Govt. High School Nutritious Food Awareness and Health Check Up for 320 children

19-9-2011-Bhuvaneshwarinagar School Health Check Up for 212 children.

29-9-2011-Chamundinagar Urdu School for 128 children.

30-9-2011-Nagenahalli Primary School Health Check Up for 2600 children

5-10-2011-No Tobacco Day celebration in Hebbala High School through drawing competition for 100 students and 1<sup>st</sup>, 11<sup>nd</sup>, 111<sup>rd</sup> prizes and consolation prize for a physically challenged boy who had witten by legs were given

9-10-2011-Nutrition Day Celebration at Health Centre by Sharada Stree Shakthi Sangha

5-11-2011-Kollegal Health Check up Camp for reproductive tract infection problem of which four cases were refered to M.S.Ramaiah Medical College

11-11-2011-Cancer Deduction Camp in Health Centre for 52 participants, one case deducted as Carcinoma of Cervix

5-12-2011-Kempagondanahalli Magadi Taluk General Health Check up Camp with diabetic detection for 105 members

12-12-2009 Pulse Polio Programme-1 for 11,221 children were vaccinated

22-12-2011-T.B. Awareness programme at Center for 42 beneficiaries.

## b. Urban Family Welfare Centre-Palace Guttahalli



This Centre was handed over to Ashrama by FPAI in 2003. This is funded by Directorate of Health Services. The staff pattern is one L.M.O, one L.H.V, Junior Health Assistant-Female-2, Junior Health Assistant-Male-1, S.D.A-1 and link workers-8. The center provides services to the people of ward no. 35 & 64 where the population is 54,275.

Sl.No	Particulars	No.of beneficiaries
1.	Immunisation BCG+'O' OPV Measles DPT1+HB1+OPV1 DPT2+HB2+OPV2 DPT3+HB3+OPV3 DPT+OPV 1 <sup>st</sup> BD T.T, 10yrs T.T., 16yrs ANC T.T, 1 <sup>st</sup> Dose ANC T.T, 2 <sup>nd</sup> Dose	874 819 865 857 837 841 682 705 779 783
2.	Anti natal check ups	798
3.	Sterilisation	267
4.	IUCD	275
5.	Oral Pill new	159
6.	Condoms new	517
7.	Prevention of blindness+VIT 'A' deficiency in childhood	4155
8.	Diarrhea	310
9.	Anganwadi health check ups	1235
10.	School Health Check up	2556
11.	Awareness programmes	4530
12.	Poura karmika health check up	52
13.	Pulse-polio 2012	5606
14.	OPD	1532
	Total	49,641

### Health Services

April, 2011- Total 11 awareness programs have been conducted. In the center sven and out reach in area four. Total beneficiaries are 682. The awareness was conducted family planning, breast feeding and general health.

May, 2011- Awareness camps effects of tobacco on health and women general health.

June, 2011- Awareness camp conducted on environment cleanliness, dengue, chick gunya etc., BBMP Pourakarmika's health check up was done at center. School health check up for BBMP School, P.G.Halli. 146 students were benefited.

July, 2011- Awareness camp conducted on dengue, chick gunya etc., School health check up done in ward 64 Govt. schools at four schools and checked 242 students.

The areas are Sadashivanagar, Tata Institute Qtrs, Ashwathanagar, Malleshwaram, CPRI, M.S.R.Nagar, Chikkmaranahalli, Swimmingpool Extn, Vyalikaval, Jbbar Block, A.A.N.Block , Palace guttahalli and V.R.Puram

August, 2011- Awareness camp conducted on breast feeding and its importance and adolescent education etc. School health check up done at nine schools and 1838 students are benefited.

September, 2011- Awareness camp conducted on supplementary nutrition food for good health and importance of education.

October, 2011- Awareness camp conducted on family planning.

November, 2011- Awareness camp conducted on imporatance of immunization

December, 2011- Awareness camp conducted on HIV/AIDS

January, 2012- Awareness camp conducted on leprosy disease.

February, 2012- Pulse-polio program done 5606 children were vaccinated with polio drops.

March,2012- Awareness camp conducted on T.B and prevention aspects.



### c.Mobile Clinic [Ambulance]

The Aims and objectives for running the Mobile Clinic is to cover all the villages which comes under Bangalore South and North Taluks by organising health camps, to reach health services to the remote parts of Bangalore Rural, to create awareness regarding health, education, cleanliness, small savings and legal aid in rural women, to identify physically and mentally challenged in helping them by providing required aids or medical treatment in major hospitals, to help the orphans, age old and deserted with medical support, to participate actively for the success of National Programmes like Pulse Polio, to provide health services to the door steps of the needy and to done door to door survey of all the members of each family by field workers to find out their health problems to provide treatment.



This van is helping our health centers to bring the medicines from Dasappa Hospital. The ambulance is helpful Mobilisation is becoming easier while conducting health camps at urban, rural and slum areas. In the Pulse Polio programme held for the year 2011-12, nearly 10,200 children were immunized in and around Hebbal.

Sumangali Seva Ashrama conducted medical check up camps through qualified Doctor and provided medicine for common diseases. The serious cases of illness refer to the major hospital. They were sensitized on health, hygiene, sanitation and safe drinking water. They were motivated to utilize the medical and health facilities available in camps. They were cautioned on dangers of traditional treatment and about quack doctors. 350 needy particularly of women, children and old age people utilized the service and medicines provided by SSA.

## 6. TRAININGS



### a. Tailoring

12 women have trained under this activity for the year 2011-12. Some of them are going to garments. Others have started their own units. The inmates of Ashrama who undertook this job are stitching the folder, cushion cover, chudidar etc. They also help in stitching the orders taken by other Institutions.

### b. Home Products

Our Institution has regular trainings to different women from Bangalore rural and urban. This year we had given home products training in Bangalore urban and rural. There were 430 women who have trained under this programme for the year 2011-12. This training consists of manufacturing phenyl, washing powder, cleaning powder, liquid soap, liquid blue, herbal shampoo, candle making and nutrition powder. Every month we are providing 2000 Ltrs phynoyl and 500 Ltrs soap oil to M.S.Ramaih Hospital.



**c. Decoration:** This is a training as well as an income generating activity to our Ashrama. We have done 15 decorations at different Govt offices and Private programmes. The decoration will be done by flowers, sarees, plastic creepers, buntings, colours, beads and plants.

## 7. SUMANGALI SEVA ASHRAMA- OTHER ACTIVITIES

Sumangali seva Ashrama(SSA) is a voluntary organization, Non-Governmental Organization, non-profit charity created by like minded people who are up to making a difference in the society by working for the holistic development of poorer communities focusing on care for elderly, destitute women and underprivileged children. Ssa has been working in the rural & urban slums for the last 37 years and has made inroads into rural & urban development in the state of KARNATAKA. Its other activities are:



**Spiritual activities-**Basava Samithi 17 rganizat Arivina Mane the Ashrama to aware the people about spirituality, morality and social equality. Nearly 70 devotees attended the pro- gramme. The Basava Jayanthi has been celebrated in the Ashrama with the intention to spread the messages of Shri.Basavanna to the society.

### **Annapurna Scheme**

This is one time investment of Rs.50,000/- by the donors. The interest will be used for providing meals to the inmates of the Ashrama. The number of donors under the scheme increasing every year.

**Protests against anti-social elements** Ashrama since its establishment is protesting the anti-social elements like consumption of alcohol, women atrocity, illiteracy, women reservation, female feticide and cow slaughter etc.



### **Note books and Cloths Bank**

Donors, hotels, temples, companies and shops donate books and clothes to the Ashrama. We distribute note books to our children as well as rural school children. It is also distributed to local poor, school children, slum people and other needy.

### **Help for higher education**

Ashrama is supporting girls to continue their further education after high school. 7 Girls have benefited by the service.

### **SSA as platform**

SSA provides 17 rganization 17 to other institutions to conduct their programmes. In this context, we had given our premises and participants to Civic Bangalore, Education Dept, Legal authority, Human Rights and other associations for the success of their programs.

### **Family Counseling**

Family counseling centre is working to provide some relief or salvation to the people who come with different kinds of problems. We handle different cases like dowry harassment, alcoholic, egoism, property dispute, domestic violence, sexual abuse, family disputes between mother and son, husband and wife, mother-in-law and daughter-in-law, Young and elder, illegal marriage, financial problem, deserted, depressed, raped, divorcee, needy for their children's higher education and the patients for their treatment.





Counseling is done by the President of Ashrama Smt.S.G.Susheelamma, Smt.Geetha, Smt.Sowbhagya, and Smt.Parvathi. They are trained under Smt.S.G.Susheelamma. If the settlement is not done through counseling, then the cases will be referred to the Court. Cases like divorce, property partition and preparation of Will are done through the court. At the time, we produce the documents regarding the particular case and witness to the Court

The details of services provided to the needy are as follows:-

Sl.No	Particulars	Total	Salvation	Balance
1.	Hostel	45	40	05
2.	Shelter	20	20	-
3.	Jobs	18	06	12
4.	Old age home	5	5	-
5.	Family problems	85	38	47
6.	Application for brides	12	12	-
7.	Reference to other organization.	17	17	-
8.	Help to women referred by Police station	28	28	-
9.	Visitors			11,348
9.	Others	58	50	50

### **SUMANGALI MULTI-PURPOSE CO-OPERATIVE SOCIETY (SMPCS)**

SMPCS is purely women oriented organization with 1081 share holders, registered under co-operative society Act. This is the major outlet for all the productions of the Ashrama and various many others their marketing outlet. Co-operative trainings are given to the members and women. Five SHG groups have started cooperative societies in their villages. The members are now aware of their Rights, Responsibilities and Duties towards Cooperatives. We have started Computer Training Center for BPL un-employed girls and women in Basics & Tally with very reasonable fees.



**M.S.W internship-** Thirty six MSW students from Bangalore, Gulbarga, Bidar, Raichur and Tumkur Universities involved in the field work and block placement. They learnt the process and skills of counseling and group work. They conducted community work in Madappanahalli. They were participated in different awareness camps and programmes conducted and attended by SSA.

### Computer Lab

We have planned to provide computer education which is very essential to present education system to all our children from Premananda Makkala Kuteera, Basavananda Higher Primary School and Sumangali Girls High School. Our intention is also to provide computer training to the residents of Ashrama.



### Flood relief

Sumangali Seva Ashrama works in close coordination with the government, other NGOs and the communities affected by disasters. Our programme include emergency assistance, community rehabilitation, psychosocial care, economic recovery and infrastructure building.

### RURAL DEVELOPMENT

Sl.No	Date	Programme	Place	No.of beneficiaries
1.	April, 2011	Maintenance of Old age home and the residents organized by Help Age India	Wilson Garden	02
2.	May, 2011	Basava Jayanthi	Sumangali Seva Ashrama	480
3.	November, 2012	Home products training	MLA College+ Mount Carmel College	92
4.	January, 2012	Help to School children by Walton College Of Business USA	Byata	81
5.	February, 2012	Entrepreneurship Awareness Camp	SSA	20



**LIST OF PRESENT FUNDING AGENCIES**

Sl.No	Name of the funding agency
1.	Department Of Women and Child Development(Govt. of Karnataka)
2.	Adoption International, switzerland
3.	Individual Sponsorship of children
4.	READ Foundation, USA
5.	Sairam Trust, UK
6.	Shri.Nanjundarao Trust, Bangalore
7.	Annapoorna Project donors
8.	Urban Family Welfare Centre- Directorate of Health Services
9.	Ganesh Nursing Home, Mekhri Circle, Bangalore
10.	Victoria Hospital, Bangalore
11.	P.H.C, C.N.Halli-SSA
12.	Donors, Philonthropists.
13.	Canara Bank, Head Office, Bangalore
14.	Central Legal Services Authority, New Delhi
15.	Smt.Manjula Bhaskar, U.S.A
16.	M.S.Ramaiah Hospital, Bangalore
17.	Women For Peace, switzerland
18.	Ganesha Temple, Malleshwaram, Bangalore
19.	Geethanjali Trust, Ganganagar, Bangalore
20.	Rotary Club
21.	Lions Club
22.	State Bank Of India, Cholanagar Branch, Bangalore

**LIST OF PAST FUNDING AGENCIES**

Sl.No	Name of funding agency	Duration
1	Karnataka State Social Welfare Advisory Board	1978-1998
2	Action Aid	1982-2005
3	Sidbi	1991-1993
4	Norad	1994-2001
5	CDG	1993-1995
6	I.P.P	1996-2001
7	G.E.Fund	1997-1999
8	British High Commission	1997
9	CEBEMO	1997-2002
10	Asha M.I.T	1998-2000
11	Irish	1998
12	Global Ramanashree	2001
13	Skip	1993-2001
14	R.C.H	2003
15	Women Development Corporation	1991-1997
16	N.C.L.P	2002-2006.
17	CAPART	2005-07
18	Karnataka State Finance Corporation	1990-1999
19	India abroad Foundation	

### AWARDS & ACREDITATIONS



Grama Jothi Award



Parisara Mitra Award



National Award



Pratibha Award



Karnataka Padmabhushan Award



## 11.FUTURE PLANS

- 1.construct high school, pre university college, degree college, job oriented course, computer training centre, Play ground and auditorium.
- 2.In 2 acres of land old age home is to be constructed for hundred people.
- 3.Short stay home for needy women.
- 4.Simuruba plants to be developed to support farmers by growing them in their lands.
- 5.Work shops to be done regarding health, hygiene, environment and E.D.P.
- 6.Workshops to other organisations development.
- 7.Housing scheme to BPL families.
- 8.Trainings to promote different production and marketing through wide linkages.
- 9.To reach Mobile Clinic service to Bangalore Urban and rural Dist.
10. Toilet to each house in rural areas.
- 11.To promote rain harvesting programme.
- 12.Plantation through bio diesel and trees planting,

### ***Join Us TO SUPPORT***

TO BRING change into the lives of many neglected lives of Karnataka. With a minimal budget, committed staff and volunteer support we strive to provide hope, first and foremost, for our residents.

We thank all our sponsors ,donors, donor agencies, State and Central Govt, Auditors who are supporting us.

**All donations to this institution is exempted from Income Tax under 80G of income tax Act 1961, as per the order No.Accts/718/35,88/CI-II Dated 09.07.97, 1-93 of the Commissioner of Income Tax Karnataka, Bangalore. We are also covered under the Foreign Contribution Regulation Act. 1976. Please visit our website: [www.ssaindia.org](http://www.ssaindia.org)**



**HELP US TO HELP OTHERS**

**ANNUAL REPORT-2011-12**

**Towards lighting the lives of the needy**

**Since 37 Years**

***Sumangali Serva Ashrama***

***Annual Report 2011-12***



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