

*Towards lighting  
the lives of the needy*

Annual Report 2010 -11



**SUMANGALI SEVA ASHRAMA**

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**SUMANGALI SEVA ASHRAMA**  
3 DECADES OF DEDICATED SERVICE TO SOCIETY



*Let's  
light-up  
the lives  
of the needy!*

**Dear well-wishers and fellow-travellers,  
Greetings from Sumangali Seva Ashrama!**

Sumangali Seva Ashram (SSA) works for the empowerment of under privileged, vulnerable and needy sections of the society particularly Children, Women and Youth. Our approach is to address the health, education, environment, economic, cultural issues of the society. SSA aims to facilitate for the self-sufficiency and overall development of all irrespective of caste, creed and gender. SSA works in diversified activities like awareness creation, capacity building, skill development, sustainable livelihoods, rural & community and slum development. It also provides relief to victims of atrocities, harassment and natural calamities like drought & floods. SSA provides free food, shelter, health, education, trainings, housing to the needy. Our organisation is Registered under the Karnataka societies registration act 1960 with its registration No.212 dated 16.10.1975.

We focus on urban slums and remote rural areas, where vulnerability is more. We have service minded staff members, dedicated volunteers and expertise resource persons to take up multifarious activities for the benefit of community. We also involve Community Leaders, PRIs and concerned Government Officials in our programs in order to establish transparency in compliance with the principles of "Good Governance" and thus set itself apart with its set norms of sustainability, scalability, accountability, credibility and effective leadership.

Donations to SSA are eligible for 50% tax exemption u/s 80G of I.T. Act 1961. By making donations to SSA strengthen its activities like services to the destitute women, old age & poor children, skill development trainings & sustainable livelihoods, youth development, rag-picker's children, education and health camps in rural areas. They will be provided with appropriate support related to resources and capacity building and facilitated to participate actively in the process of the empowerment of women.

**- Founder, President-Smt.S.G.Susheelamma**



**SHELTER**

**PREMANANDA MAKKALA KUTEERA**

There are 110 children in the hostel for the year 2010-11. They are orphans, semi-orphans, having single parent, chronic parents and broken families. SSA has provided them food, cloth, shelter, education, health service, sports and recreation. Our mission is to change the lives of homeless and at-risk young people by working with them individually, offering long term and focused intensive support. Our vision is to provide them with the life skills and support they need to break the cycle of poverty and hopelessness and build a better future.



Summer camp was held at Ashrama where the children have learnt personality development and spoken English class. The elder children guide and help the younger one in all their routine work along with the wardens. The class wise total strength of the hostel is as follows:

Class	No. of children	Class	No. of children
1	07	V1	12
11	15	V11	11
111	08	V111	12
1V	14	1X	08
V	10	X	13

The children are provided with breakfast, lunch and dinner with greens, pulses, cereals, vegetables, milk, fruits and sweets. They also enjoy different kinds of snacks, chats and ice creams in between.

Our children had given band set programmes at different temples, schools, local festivals and national festivals. They had participated in bhajans at different temples and protests against anti-social elements like consumption of alcohol, illiteracy and cow slaughter

Prof. Shashi sponsored two days camp for 5-7th class children at Bannerghatta National Park. All the children were taken to Ghati Subrahmanya for one day picnic.



The details of the children who have participated in co-curricular activities are as follows:-

Name/No. of children	Conducted by	Particulars	Grade/Prize/Gift
Kavya, B. Shashikala, Shyla, Anitha, Bindushree and Jyothi. R.T	Prof. Nanjunda Rao Memorial Trust	Vidyarthna Scholarship	Cash
Veena. S, Asha. K, Shilpa. K. V, Usharani. R, Lavanya and Shanavaz	Prof. Nanjunda Rao Memorial Trust	Vidyaprathibha Scholarship	Cash
All children	BHPS & SGHS	Cultural activities	-
Thirty children	SSA	Vachana Vocal	Prizes
Twenty seven children	Isckon Temple	Drawing and Krishna Exam	Passed
Ten children	Basava Samithi	Vachana Competition	Prizes

The children have undergone medical check up twice in a year. Adolescent awareness is given to elder girls regarding personal hygiene and mal-nutrition. In. They underwent general, eye and dental check up by M.S. Ramaiah and Victoria hospitals.



**b. SOWHARDA**

**Short stay home**

Sumangali Seva Ashrama aims to rehabilitate totally orphaned girls and destitute women with problems resulting from unhappy marriage. They are provided food, shelter, clothing, counseling, medicare, education and vocational training. They are also helped to find jobs so that they become

economically independent. Mere financial independence does not ensure life's fulfillment. These women too entitled to joys of a family environment, raising children and integrating themselves in a social mainstream, instead of remaining 'orphans' throughout their lives. Hence marriages of the residents are arranged whenever possible. Thus the institution has helped thousands of women and girls in its three decades of fruitful existence. The organisation aims to work for the overall development of the educational, economic and social conditions of women irrespective of religion or caste or creed, to give shelter, support and solace to totally orphaned girls and destitute women with problems arising

out of marriage and to equip girls and women to lead an honest and honorable living. Periodical excursions are arranged to educate and entertain. Ashram strives to instill self-respect and self-confidence in order to enable the residents to become dignified members of the society. Ashram provides legal assistance, counseling services and vocational guidance when needed. Ashram arranges marriages when suitable boys approach it, after thorough scrutiny.



**c. PUNYAKOTI VANAPRASHRAMA - Old age home**

For older people who have nowhere to go and no one to support them, old age home provide a safe haven. This home also create a family like atmosphere among the residents. Senior citizens experience a sense of security and friendship when they share their joys and sorrows with each other. In this context, Punyakoti Vanprasthashrama was started in 2003 to provide a peaceful life to the deserted and orphan aged women. There are 15 aged women here.

Old age homes are meant for senior citizens who are unable to stay with their families or are destitute. The old age home is providing free accommodation, medical facilities, ambulance service and provision of well-balanced meals. Apart from food, shelter and medical amenities, old age home also provides yoga and meditation to senior citizens. Old age home also provide access to telephone and other forms of communication so that residents may keep in touch with their loved ones.

They start the day with morning walk and simple exercises. After having bath they do meditation, prayer and pooja. They take different types of breakfast everyday. They watch news, movies and music on television in the afternoon and evening. They will be served supplementary food like ragi ball, chapathi, vegetables, greens, fruits, sprouted pulses, cereals and milk.

They undergo health checkup once in a week, in case of any serious or emergency health condition, we refer them to major hospitals like M.S.Ramaiah & Victoria. Medicines are donated by the devotees of Shri.Lingananda Swamy Mutt.

They will be taken for outing twice in a year. They are attending all the health and spiritual programs held at Sumangali Seva Ashrama.



## EDUCATION

### a. Creche

This creche was started 1979 with the motive to educate, and care taking of low income group working mothers children. The age group of the children is 3-5. There are 19 children in this centre. There is one teacher to look after them. All the parents are coolies, construction workers and house maids.

The centre starts at 9.30 A.M with the prayer of children. The teacher has adopted pre-nursery method of teaching to teach the kids. She introduces them to different kinds of animals, birds, vegetables, colours, shapes, trees, flowers, numbers, alphabets, stories, songs and drawing

There are different kind of play items like swinging, sea-saw, horse, cycle and dolls in and out of the centre, where our children play happily. They have learnt english and kannada rhymes, patriotic songs and dances. The center works from 9.30 a.m to 4 p.m.

### b. BASAVANANDA HIGHER PRIMARY SCHOOL



The school was started with the objective of providing value based education to children from urban poor and middle class who cannot meet the exorbitant fee structure in other schools. In curricular and co-curricular activities the school has made considerable progress. Apart from achieving academic excellence the emphasis is on the physical, emotional and mental development of children to enable them to be good citizens of tomorrow capable of facing the challenges of the emerging changes. The school is equipped with sound infrastructure consisting of spacious and secure classrooms, computer lab with internet connectivity and projector.

The children are getting midday meals through AKSHARA DASOHA from Karnataka Govt. since 2005. This is helping them to get supplementary food. Mr.C.Mohan Rao, Manager, State Bank Of India, Cholanagar donated prizes to the winners in different sports on the occasion of Republic Day.

The total strength of the school for the year 2009-10 is 298. There are seven teachers to teach them. The students who are lagging behind in their studies are given special attention by arranging coaching classes after school hours by our administrator and the respective class teachers purely on voluntary grounds.

The children also participated in the co curricular activities like meditation, bhajans, devotional and patriotic songs, sports, and essay writing along with education. The Birth Anniversaries of the National leaders will be celebrated in the school to follow their principles. The President of Sumangali Seva Ashrama Smt.S.G.Susheelamma and our administrator Smt.B.Rama Mane donated note books and uniforms to the children. Mr.Phanibhushan conducted humour programme to the school children. His coligue Mr. Kumaraswamy taught the hints of easy learning, quick grasping and memory maintenance to them.

The top marks scorers in 7th standard Lavanya, Sushma and Preethi.B have received scholarships on Children's Day given by our administrator Smt.B.Rama Maney, Sri.Ravi Talwar, Smt.Usha.N.Rao, Dr.C.Modi and Sri.K.C.Shivappa. Sri.B.T.Muniyappa and Smt.Geetha have donated white uniforms and shoes to 63 children.

Children in it.

are learning academics through projector and computer. They have shown keen interest Each class is attending one hour class to learn more through computer. Higher class can access internet for more information.

Shri.Ravishankar and Smt.Kusuma Ravishankar had given scholarships to our students from Prof.M.S.Nanjunda Rao Memorial Trust. The recipients are as follows:-

Names of children	Class	Scholarship
Chandini	5th std	700-00
Megha	5th std	700-00
Shilpa.M	5th std	600-00
Chaithra	6th std	700-00
Anusha	6th std	800-00
Sushma	7th std	900-00
Lavanya	7th std	900-00

Medical camps, Eye camps and Dental camps were held in association with Lions Club, Private & Govt. Hospitals and Rajiv Gandhi Dental college. The school had organized an excursion to the historical place Savanadurga, Manchenahalli Dam, ISCKON temple, Mukthinaga, Ranganatha swamy temple and Gali Anjaneya temple. Every Monday two teachers go on survey and they convince school dropout children and enroll them to the school. Our school has reached 100% result for the year 2010-11.



**c. SUMANGALI SEVA ASHRAMA - GIRLS HIGH SCHOOL**

Sumangali Seva Ashrama helps girls to improve their own lives, the lives of their families and the conditions in their communities by educating them. For parents and especially mothers this means creating conditions that ensure their daughters have equal access to basic education, are able to make informed decisions about their futures, and are able to protect themselves from early marriage, child labour, trafficking and sexual exploitation.

In this context, Sumangali girls high school was started in the year 2004. The total strength of the school for the year 2010-11 was 82. There were 22, 29 and 31 students in 8th , 9th and 10th classes respectively.



There are five subject teachers to teach along with Head Mistress. Ashrama provided note books, pens, pencils and erasers to the students. Teachers taught the students co curricular activities like yoga, meditation, music, dance, drama, sports and drawing

Smt.B.Rama Maney the administrator cum treasurer of Sumangali Seva Ashrama has advised and supported the 10th std students to score highest marks in their examination and had given scholarship of Rs.1001 to the top scorer. Twelve students are the recipients of Prof.Nanjunda Rao Memorial Vidya Pratibha and Vidyaratna scholarship for obtaining highest marks. They are:



Names of children	Class	Scholarship
Archana.V	8th std	1000-00
Ganga.R	8th std	1000-00
Mamatha. M	9th std	1200-00
Lavanya.S	9th std	1200-00
Lavanya.H	10th std	2000-00
Roopa.M	10th std	2000-00
Usharani.R	8th std	900-00
Shilpa.K.S	8th std	900-00
Deepu.M	9th std	1100-00
Shanavaz.C	9th std	1100-00
Nandini.S	10th std	1200-00
Ashwini.G	10th std	1200-00

The children went on tour to Mysore, Sri Rangapatna, K.R.S and Chamundi hills. It was very educative and enjoyable to them watching the historical places with teachers and friends.

Our school has reached 100 % in 8th & 9th class and 75 % in 10th class for the year 2010-11.

**d.KANMANI KINDER GARTEN-ADOPTION INTERNATIONAL**

The world is a tough place, and there is no way to change that, but with a little compassion and a bit of time, we can actually make difference. And if we can't change the world, we can at least change their world.



The objective of the "Kanmani" center is to help the poor, underprivileged rag-picker's children, and also to help their parents who cannot always afford a good education for their children. Sometimes these families are so poor that they cannot even afford to keep their children healthy, or provide them with nutritious food. The center is providing a quality pre-nursery education for the children from Kunthigrama slum. It was started in the year 2010 with the collaboration of Switzerland's

reputed organisation "Adoption International". There are 30 children in the center. The children were chosen from poor rag-picker's community.

This project is for children between the ages from 3 to 5. Some come from families with an excessive amount of violence or poverty and where the parents have to leave to the children in the center because they need to go to work.

Two teachers are taking care of the children from 9.30 a.m to 4.30.p.m. They organize different activities for the children. The children are taught cleanliness, health, education, linguistics, craft, indoor –outdoor games, rhymes, introduction of colours, flowers, animals, birds, family members, fruits, recognition of different things and creative activities like drawing. They meditate, dance and play in the center. The children will be served nutritious food with sweets and fruits.

**4. INTEGRATED CHILD DEVELOPMENT SERVICES (ICDS)**

SUMANGALI SEVA ASHRAMA has been implementing the ICDS programme for the last 15 years successfully .This program is run under the able guidance of Dept. of women and children Government of karnataka, UNICEF and Central Government.

To start with SSA was given 130 centres, now SSA runs 166+8(Mini) and totally 174 centres with the help of dedicated workers. The program is ably managed by Child Development Programme Officer (CDPO) 5 supervisors, 4 office assistants, 174 anganwadi workers and helpers. Each supervisor holds 35 Anganwadies.

The following programmes are done under this project.

- Supplementary Nutrition Programme
- Immunisation Programme
- Udhyogini and Asare scheme
- Mothers meeting
- Health and Nutrition camp
- Health camps
- Bhagyalakshmi scheme
- Nagara stree shakthi



- Kishori shakthi
- Cases against Domestic violence Act 2005
- Legal awareness camps

**1. Supplementary Nutrition Programmes:** Women and children are brought under this programme. Pregnant women Nursing mothers ,children from 6 months to 6 years, Anganwadi workers and adolescent girls. This programme touches to 12220 beneficiaries Per month.

**2. Immunisation programmes:** B.C.G. were administered to 1995beneficiaries, D P T to 3079 beneficiaries. Polio to 3079 beneficiaries. Measles to 3438 beneficiaries, D.T. to 2918 beneficiaries.

**3. Udyogini and Asare scheme:** (Loan for self employment): 37 women under Udyogini loan of Rs. From 25,000 to 1,00,000 and 8 women under Asare loan of Rs,1,00,000 – 2,00,000 ) have been benefitted from this program so far. Loans are given to the income generating activities like baby centre, fancy shop, provision store, saree business, flower and vegetable business.

**4. Mothers meeting:** This meeting is held in all the 147 centres. The supervisor in charge of the circle conducts the meeting. CDPO reviews the meeting of SSA. The discussions are 1. Safe motherhood 2.Cleanliness 3.Aids 4. Breast feeding and its importance. 5. Care of infants and children 6. Menopause 6.Nursing mothers and Pregnant women etc., good and healthy food habits.

**5. Health and Nutrition Camps:** This is monthly camps conducted in all the Anganwadi centres. Here, the mothers will be given awareness on the Nutrition food its necessity in the physical growth of children and pregnant women. Demonstration of different supplementary food prepared by Green leafy vegetable, cereals, sprouts, fruits etc., will be organized to aware the mothers.

**6. Health camps:** 1.At New Byappanahalli anganwadi centre in coordination with Chinmanya Mission Hospital every Thursday general health check up is done free of cost.2.At Domlur anganwadi centre in coordination with Sri Sai Baba Institute every second Saturday and Sunday health check up done and treatment is also given.3.At Vyalikaval anganwadi centres in co-ordination with Lions club of Malleswaram Eye check up is done.4.Freedom foundation and Asha foundation have given awareness on HIV nearby Govt.Hospitals (IPP-8) are helping by providing immunization, A.N.C and P.N.C care, awareness in adoption of population control methods in men and women, pulse-polio.

**7. Bhagya lakshmi scheme:** This scheme was introduced by the Government of Karnataka in the year 2006. Parents with 1,2 or 3 girl child are eligible for this scheme. Where in a girl gets Rs.10,000/- by way of a deposit and the girl child on attaining the majority(18 years old), the girl child will get Rs.1,00,000/- in addition to this she will get yearly scholarship for her education from 1st standard and 10th class and will also cover any health problem for herself. Till date 1837 beneficiaries are covered by this programme through our 174 anganwadi centres.

**8.Nagara stree shakthi:** Under this scheme we are running 362 groups with 7,240 members in Bangalore Slums. Each group has 15 to 20 members. This is a weekly savings scheme. Out of this amount loan is distributed to the members with the nominal interest . 6 months from the date of formation these groups will be linked to banks for loans. Indian Bank, Kalpataru Bank and Syndicate Bank have come forward for this venture.

**9.Training:** Department of Women and Child Development is also providing training to these groups with the help of MYRADA under these field.

- 1.Bank Linkage
- 2.Entrepreneur Development Programmes
- 3.Record maintainance
- 4.Marketing



**10. Kishori shakthi:** Here the adolescent groups are formed and they are trained for building self confidence, cleanliness, health and hygiene, marriage, Education, menstrual cycle safe motherhood etc., so far 90 beneficiaries have been brought under this banner and constant monitoring is done for these groups in particular. Take home food is given to these adolescent girls to keep their health in good condition.

**11. Job oriented course:** Under this scheme students who undergo job oriented course will get yearly scholarship, 25 students are benefitted.

**12. Cases against Domestic Violence Act 2005:** Under this act cases against dowry harassment, physically and mental violation, economic violence, sexual violence, verbal abuse, desertion, child custody, etc., are referred to our office. The Protection Officer appointed by Women & Child Development Dept and Karnataka State Legal Services Authority listens the aggrieved person and lodges DIR(Domestic Incident Report) to the Hon'ble Magistrate. We have submitted 351 reports(DIR) to the courts under this act.

**13. Legal Awareness camps:** These camps were held in association with Department and Legal Services Authority. Nearly 400 women are benefitted. Beneficiaries took part in open discussion with the advocates and Magistrates. Legal awareness books were distributed to the women free of cost.

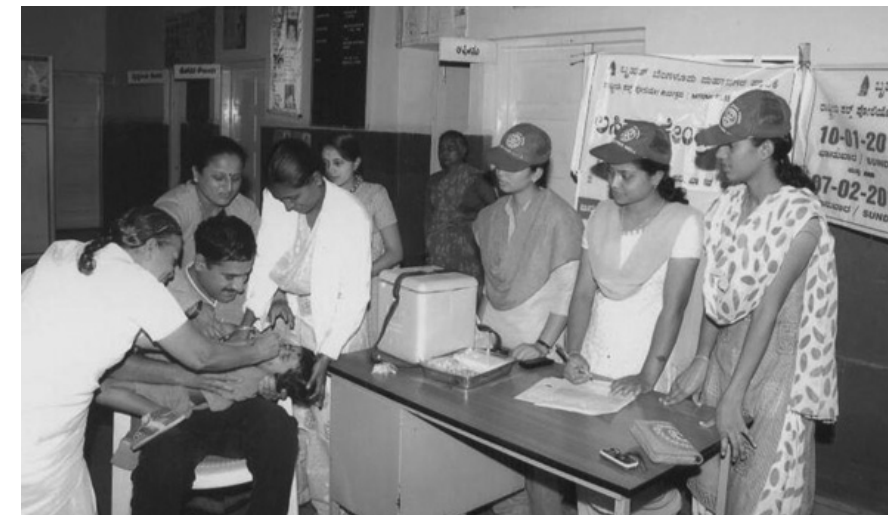


## 5. HEALTH

### a. Primary Health Center-Cholanayakanahalli

This health Centre was handed over by Bangalore Corporation in 2000 to our Ashrama. This is situated in Cholanayakanahalli, working for the wards No.21 & 22.coming under ward-96. It is providing health services to 80,000 people. The coverage area is Boopasandra, Chamundinagar Part-1, Chamundinagar Part-11, Guddadahalli, Hebbal, Cholanayakanahalli, V.Nagenahalli, Bhuvaneshwarinagar and Seethappa Layout.

The main services rendered at centre are:



15. Free Scanning Services
16. Physiotherapy clinic by Acharya Institution
17. Out reach immunization

1. Antenatal Services
2. Immunization for Children
3. Family Planning services
4. Out Patient services
5. T.B. Patients
6. Eye checkup
7. Health of Anganwadi children
8. General Health checkup
9. School Health Checkup
- 10.Health awareness programme
- 11.Post Natal Service
- 12.Pulse Polio programme
- 13.Adolescent Health education
- 14.Sexually Transmitted Diseases/HIV/ Sexual Education

## Health Programmes

1. CNA survey was done for the year 2010-11.
2. General Health Check Up camp was conducted Anche Malur, Hosakote Taluk. 89 patients were checked and blood, sugar estimation was done.
3. Blood donation camp was conducted at Sumangali Seva Ashrama.
4. Awareness on tobacco consumption was conducted at Basavananda Higher Primary School.
5. Awareness on Chickengunya was conducted at Bhuvaneshwarinagar where 100 members were participated.
6. Awareness on mosquito control and malaria was conducted at Shakthinagar and Kunthigrama people.
7. Free eye check up camp was conducted by Sankara Eye Hospital with the help of Counsellor Sri.Jayappa Reddy where 258 people were examined and 33 members were given spectacles.
8. Vitamin-A Prophylaxis programme was conducted in the helath center where 536 children got Vit-A syrup to prevent night blindness.
9. School health Check Up programmes are conducted at Govt.Urdu Primary School, Chamundinagar, Govt.Urdu School,Bhuvaneshwarinagar, Higher Primary School, Cholanayakanahalli, Govt.Primary School, Guddadahalli and High School, Hebbal.
10. Nutrition awareness day was celebrated at health center on 11/11/2010.
11. Diabetic detection camp was conducted at Chamundinagar.
12. World AIDS Day was celebrated in association with Acharya College of Management.
13. Pulse Polio 1 round was given to 11,200 childre.
14. Pulse Polio 11 round was given to 11,309 children.
15. Nutrition programme was conducted by the staff of BBMP at health center.

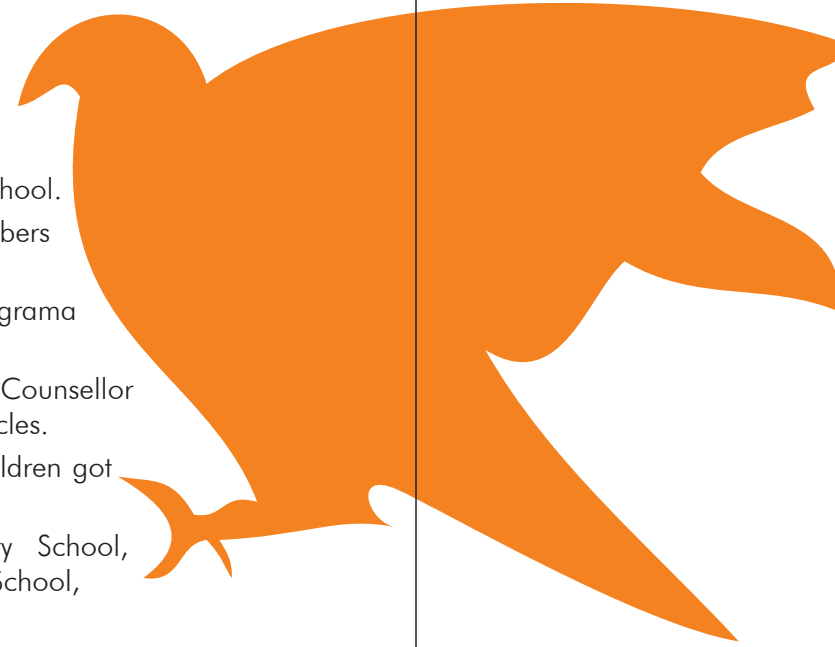
The beneficiaries for this year is 52,200.

### B.URBAN FAMILY WELFARE CENTRE - PALACE GUTTAHALLI

This Centre was handed over to Ashrama by FPAI in 2003. This is funded by Directorate of Health Services. The staff pattern is one L.M.O, one L.H.V, Junior Health Assistant-Female-2, Junior Health Assistant-Male-1, F.D.A-1 and link workers-8. The center provides services to the people of ward no. 35 & 64 where the population is 54,275 and the eligible couples are 8955. The areas are Sadashivanagar, Taya Institute Qtrs, Ashwathanagar, Malleshwaram, CPRS, M.S.R.Nagar, Chikkmaranahalli, Swimmingpool Extn, Vyalikaval, Jbbar Block, A.A.N.Block, Palace guttahalli and V.R.Puram.

#### Health Services

1. Hypertension & diabetic screening health camp was conducted at A.A.N Block, Ashwathnagar and Mathikere. 381 patients are benfited.
2. Regular antenatal checkups and its importance, Immunisation for pregnant women and their diet etc.,
3. Postnatal checkups, importance of breast feeding, the child hygiene during postnatal period has been done.
4. Immunisation for children upto 16years age and its importance.
5. In Pulse Polio Program 12,110 children are benefitted.
6. Awareness programme on breast feeding was conducted at Vyalikaval. 151 mothers were participated.
7. Vitamin-A prophylaxis is given to 7701 children.
8. Anganwadi health check ups are done. 508 children are the beneficiaries



Particulars	No. of beneficiaries
Immunisation	
BCG+'O' OPV	959
Measles	930
DPT1+HB1+OPV1	956
DPT2+HB2+OPV2	951
DPT3+HB3+OPV3	940
DPT+OPV 1st BD	915
T.T, 10yrs	952
T.T, 16yrs	862
ANC T.T, 1st Dose	1068
ANC T.T, 2nd Dose	1058
Booster dose	25
Anti natal check ups	1104
Sterilisation	399
IUCD	342
Oral Pill new	157
Condoms new	18285
Prevention of blindness+VIT 'A' deficiency in childhood	7,696
Diarrhea	291
Anganwadi health check ups	1125
School Health Check up	1345
Awareness programmes	4095
<b>Total</b>	<b>44,455</b>

### 1 c. Mobile Clinic [Ambulance]

Sumangali Seva Ashrama-built mobile clinic is helping to deliver healthcare services to rural parts of India.

The objective is to improve the health seeking behavior and make "health a necessity" for all section of society including the poor and under privileged. The primary health objective is to ensure equal access to all community members irrespective of location and socio- economic standards of living.

If people can't visit the doctor, then the doctor has to visit them – that was the idea of the Ashrama. Changing Focus Being part of the process of development and rejuvenation of communities by facilitating efforts to improve medical services and Health awareness especially in vulnerable groups like Women and Children.

Rural population lacks adequate medical care. The Ambulance bring basic medical care to people who otherwise would have to walk many miles to receive any kind of treatment. In case of any serious health issues or emergency the patient will be referred and taken to major hospitals for immediate treatment. The Mobile clinic delivering quality treatment to people in remote areas through health checkups.



## 6. TRAININGS

### a. Tailoring

Ashrama is desirous of giving this job skill to as many women as possible. About 21 women who successfully underwent tailoring classes from the past 9 courses have become economically strong and live a better life. 15 women have trained under this activity for the year 2010-11.

### b. Home Products

Our Institution has regular trainings to different women from Bangalore rural and urban. This year we had given home products training in Bangalore urban and rural. There were 62 women who have trained under this programme for the year 2010-11. This training consists of manufacturing phenyl, washing powder, cleaning powder, liquid soap, liquid blue, herbal shampoo, candle making and nutrition powder.

**c. Decoration:** This is a training as well as an income generating activity to our Ashrama. We have done 10 decorations at different Govt offices and Private programmes.

## 7. SUMANGALI SEVA ASHRAMA ACTIVITIES

Ashrama since its establishment is working for the women empowerment and children welfare. It is providing free shelter, food, education and health, community service and housing to the needy. The different services rendered by Ashrama are as follows:

### Spiritual activities:

Every year through the Basava Samithi, Arivina mane is conducted in the Ashrama to aware the people about spirituality, morality, social equality, women empowerment and the overall development of the society. Nearly 80 devotees attended the programme. Everyone in Ashrama has to do meditation to get concentration and peace of mind to lead a successful life. The inmates, staff and children get an opportunity to attend other spiritual programs in different places.

The following National Festivals were celebrated in the Ashrama.

- a. Independence Day
- b. Gandhi Jayanthi
- c. Childrens Day
- d. Republic Day
- e. Lal Bahaddur Shastri Jayanthi
- f. Vivekananda Jayanthi
- g. B.R.Ambedkar Jayanthi
- h. Teacher's Day
- i. Labour Day
- j. Women's Day

On every national festival flag hoisting will be there. Compulsory attendance must be there by all the members. The president and administrator of SSA Smt.S.G.Susheelamma and Smt.Rama B.Mane with special invitees and guests informed the importance of celebrating national festivals and the greatness of our freedom fighters who had sacrificed their lives in the process of bringing the freedom to our mother land.

### Family Counseling

Family counseling centre is working to provide some relief or solvation to the people who come with different kinds of problems. We handle different cases like dowry harassment, alcoholic, egoism, property dispute, domestic violence, sexual abuse, family disputes between mother and son, husband and wife, mother-in-law and daughter-in-law, Young and elder, illegal marriage, financial problem, deserted, depressed, raped, divorcee, needy for their children's higher education and the patients for their treatment.

Counseling is done by the President of Ashrama Smt.S.G.Susheelamma and Smt.Sowbhagya, Smt.Geetha and Smt.Parvathi. They are trained by Smt.S.G.Susheelamma. The follow up has been done by visiting the houses of the cases to find the facts by collecting required information in solving the problems. M.S.W

students are involved in the follow up work of the cases. So, they can learn skill of counseling, procedure of follow up, visit to concerned police stations to protect the aggrieved from law and defence. If the settlement is not done through counseling, then the cases will be referred to the Court. Cases like divorce, property partition and preparation of Will are done through the court. At the time, we produce the documents regarding the particular case and witness to the Court.

Through family counseling our organization has united many scattered families. The downtrodden and deserted women relinquished by their family are given permanent shelter, food and clothing. They are exposed to vocational training that can lead to gainful Employment. Most of the women after training, with their potentiality and individuality brought out in full zoom, are now trainers in various fields working for the good cause.

Smt.Lakshmi was suffering a lot with domestic violence by her husband and in-laws. She is illiterate and could not get any support from her parents. So, she came to Ashrama for justice. We took all the details from her and call her husband for counseling for 3 times. They were counseled and advised by providing the human values, importance of good family and good parenting. Finally the case was settled and they are living together happily.



The details of services provided to the needy are as follows:-

Particulars	Total	Salvation	Balance
Hostel	57	53	04
Shelter	100	70	30
Jobs	26	06	20
Old age home	12	12	0
Family problems	87	36	51
Application for brides	12	0	12
Reference to other organisation	17	17	0
Help to women referred by Police station	28	28	0
Visitors			10,840
Others	76	70	06

### SSA as platform :

SSA provides accomodation to other institutions to conduct their programmes. In this context, we had given our premises and participants to Civic Bangalore, Temple Trust, Education Dept and other associations for the success of their programs.

### Basava Jayanthi

The Basava Jayanthi is a compulsory celebrating occasion in the Ashrama. The main intention of celebrating Jayanthi is to spread the messages of Shri.Basavanna to the society. Basava Philosophy is the greatest in world having lot of information to lead a proper and pure way of life. During Basava Saptaha everyday there was a cultural programme like Bharatha Natyam, Vachana Vocal, Classical music, Bhajans and Instrumental





music. Local people, leaders, donors, Gurujis, guests, elders and children attended the function. All the children, inmates, Rural women and folk artists attended and presented their talent on the occasion. Prizes were given to the best singers of vachanas.

#### **Annapurna Scheme**

This is one time investment of Rs.50,000/- by the donors. The interest will be used for providing meals to the inmates of the Ashrama. The number of donors under the scheme increasing every year. The donor register in the name of their beloved ones birthday, wedding day, and festivals. Special meals with sweets and fruits will be served on the occasions to the children and inmates of Ashrama.

#### **Protests against anti-social elements**

Ashrama since its establishment is protesting the anti-social elements like consumption of alcohol, women atrocity, illiteracy, women reservation, female feticide and cow slaughter etc.

#### **Note books**

#### **and Cloths Bank**

Donors, hotels, temples, companies and shops donate books and clothes to the Ashrama. We distribute note books to our children as well as rural school children. It is also distributed to local poor, school children, slum people and other needy.

#### **Midday meals**

Midday meals is a Govt. project where school children get hot meals at lunch time in school days. Ashrama has taken the responsibility of serving meals to 298 school children everyday. It contains greens, pulses, grains and vegetables. So, mid day meals helped the poor to forget their hungry.

Now, their studies are going well with surplus food.

#### **Help for higher education**

Ashrama is supporting girls to continue their education after high school. 6 Girls who are in our shelter are going to college for further studies. Ashrama is helping other students who are from financially weak families by providing sponsorers and admitting them to colleges.

#### **M.S.W internship**

They involved in the social works organised and attended by SSA. They learnt the process and skills of counseling and group work. They will be allotted to work in group or team with children and community. They taught regarding the social work, recognition of needy, the place of service, mobilization of public, resources and all. They participate in different awareness camps and programmes conducted by SSA. Ashrama issued them certificates for their field work and block placement.

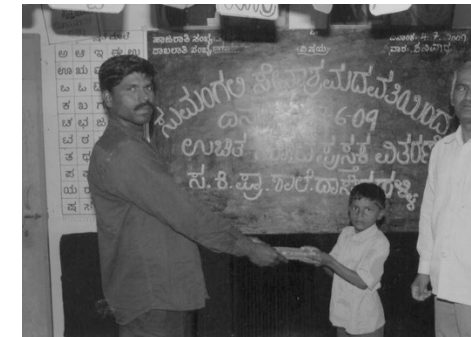
#### **Computer Lab**

This lab was donated by Rotary Club, Bangalore South. Computers are utilized for the training of Anganwadi teachers to help them in computerization of their datas and reports. The school children are learning computer basics and drawings in the center.

They are also getting advanced education through projector at the lab. The children are attending classes with keen interest. They react quickly while they get education by the projector. They are impressed and impacted with the new kind of education.

#### **SUMANGALI MULTI-PURPOSE CO-OPERATIVE SOCIETY (SMPCS)**

SMPCS is purely women oriented organization with 1081 share holders, registered under co-operative society Act. This is the major outlet for all the production of the Ashrama and various many others using this as their marketing outlet. Women from BPL families are given tailoring machines repayable at very easy instalments either Daily/Weekly/Monthly as per their Convenience. The items available at SMPCS are Home products, Note Books, toys, Nutrition Powder, Cosmetic Items, Washing Powder & Soaps, Bathing Soaps, Woolen items and files at very reasonable rates. Cooperation Week is celebrated every year from 14-20th



November to spread the cooperative principles and messages to the people. Then sports to children and study tour to members has been organized.

#### **RURAL DEVELOPMENT**

Sumangali Seva Ashrama focuses on rural women for their overall development in health, education, socio-economic status. The training in home products, and entrepreneurship development programmes are conducted to improve their financial status. The awareness in different concepts has been given for their welfare.

Date	Programme	Place	No. of beneficiaries
03-04-10	Health Check up camp	Bovipalya, Devanahalli	104
17-04-10	Seminar on DV Act	Gandhi Bhavan	480
19-05-10	Health Check Up Camp	Anche Muskur	92
28-05-10	Dental Camp	SSA	182
17-06-10	Awareness camp on Home industries and income generation	SSA	70
19-06-10	Home products training	SHG's, Kolar	42
28-06-10	Classes to M.S.W	M.S.W students from different colleges	28
04-07-10	Issue of note books	Bangalore rural Govt. schools	52,000 note books to 840 students
29-07-10	Health Check Up Camp	Ittanguru, Devanahalli	126
21-08-10	Spiritual program by Sri.Ram.Ram.Guruji	SSA	750
10-12-10	Herbal products training	SSA	12
04-01-11	Health camp, Plates & glasses distribution	Govt. School, Byata	127
18-03-11	Health Camp	Urdu School campus, Mysore Road	612

#### **Present Funding Agencies**

- Department of Women and Child Development (Government of Karnataka)
- Adoption Internation
- Sponsorship of Children
- India Abroad Foundation
- Sairam Trust, UK
- Shri. Nanjundarao Trust
- Annapoorna Project
- Urban Family Welfare Centre - Directorate of Health Services
- Ganesh Nursing Home, Bangalore
- Victoria Hospital
- Primary Health Centre, Cholanayakanahalli, Sumangali Seva Ashram
- Donors, Philanthropists
- Canara Bank, Head Office
- Central Legal Service Authority
- Sumangali Seva Ashram - Smt. Manjula Bhaskar, USA
- M.S. Ramaiah Hospital

Past Funding Agencies	Duration
Action Aid	1982 - 2005
SIDBI	1991 - 1993
Skip	1993 - 2001
NORAD	1994 - 2001
CDG	1993 - 1995
I.P.P	1996 - 2001
G.E. Fund	1997 - 1999
British High Commission	1997
CEBEMO	1997 - 2002
Asha M.I.T	1998 - 2000
Irish	1998
Global Ramanashree	2001
R.C.H.	2003
Women Development Corporation	1991 - 1997
Karnataka State Social Welfare Advisory Board	1978 - 1998
N.C.L.P.	2001 - 2004
CAPART	2006
Karnataka State Finance Corporation	1990-1999

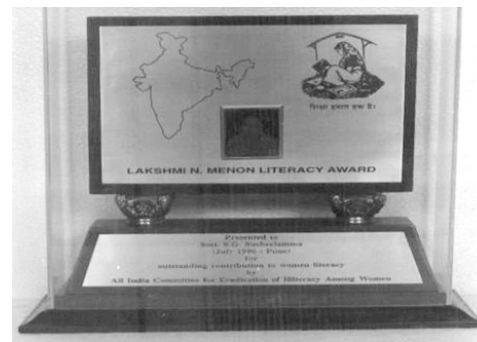
## AWARDS & ACREDITATIONS



A "Felicitation Programme" to our President Smt.S.G.Susheelamma was organized by Smt.H.G.Shobha, President, Samaja Seva Samithi on 3rd October, 2010 with the help of Sri.V.Somanna, Hon'ble Minister for Food & Civil supply at Ravindra Kalakshetra. She was blessed with Sri.Jagadguru Deshikendra Swamiji, Sri.Suttur Kshetra, Sri.Siddeshwara Swamiji from Bijapur, and Hon'ble Chief Minister of Karnataka, Sri.Yediyurappa. A book "Kayaka Tapaswini" and a CD "Seva Baduku" was released on our beloved "Amma" and Ashrama on the occasion. Sri.Yediyurappa released a special grants of Rs.1,00,00,000/- to Ashrama for its out-standing social work done since 35 years.



Natioanal Award



Lakshmi Menon Literacy Award



Kirana Pratibha Award

## 11. FUTURE PLANS

1. Construct high school, pre university college, degree college, job oriented course, computer training centre, Play ground and auditorium.
2. In 2 acres of land old age home is to be constructed for hundred people.
3. Short stay home for needy women.
4. Simuruba plants to be developed to support farmers by growing them in their lands.
5. Work shops to be done regarding health, hygiene, environment and E.D.P.
6. Workshops to other organisations development.
7. Housing scheme to BPL families.
8. Trainings to promote different production and marketing through wide linkages.
9. To reach Mobile Clinic service to Bangalore Urban and rural Dist.
10. Toilet to each house in rural areas.
11. To promote rain harvesting programme.
12. Plantation through bio diesel and trees planting

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